

# How can we offer frail people the best possible care?



Together with the partners in our network we think about the future of older adults, of people with learning disabilities and those with mental health disorders. More importantly: we share our knowledge and expertise. We train healthcare professionals and in this way, we make it possible for frail people living at home to live a good life for as long as possible.

FAITH research is the learning community that develops, connects and implements knowledge

### A learning community for and with professionals

### **Sharing knowledge**

By developing and sharing knowledge with other care- and knowledge institutions and companies, we can improve healthcare. Working closely together on issues that come directly from the healthcare practice lifts our practical knowledge to a higher level and results in solutions that have impact where they are needed.

FAITH research aims to further develop the knowledge and skills of professionals, with the intention to support frail people. In learning communities, innovation labs and projects, healthcare professionals, researchers, lecturers and students work together on challenges and questions articulated by clients and their carers.

"As a student-participant in the FAITH Frailty Summer School I came into contact with interesting people and ideas. It is a very intensive week that offers plenty of room for discussion about research and frailty, from which I learnt a lot. Everyone was very open to learning and that made us all equals. Consequently, the atmosphere was great! The Summer School taught me a lot about frailty, a very complex issue that lends itself very well as a subject for extra training in a Summer School."

Coen Dros, alumnus Hanze University of Applied Sciences Groningen



### We share knowledge and experiences about frailty

### For professionals

If you work in a hospital, in primary care, with older adults or with people with learning disabilities, you will come into contact with frail people on a daily basis.

It can be helpful to have a network to support you in case of problems or questions. FAITH research is such a network, in which professionals, researchers, lecturers and students from different backgrounds and different settings share their knowledge. We do this in learning communities, innovation labs and in our masterclasses and trainings.

where we learn from and with each other



#### For researchers

Our aim is to strengthen research on the topic of frailty. This is why we study which research methods are available and relevant to research in this area. For example, how to identify possible risks of frailty? What knowledge is already there? How do we realise a personalized approach? These questions are important in our research. During the yearly FAITH Summer School researchers from various organisations and countries share their knowledge and experiences about research on the topic of frailty and work on practice-based challenges and questions.

#### For students

If working with frail people appeals to you, and you are you looking for challenging research that actually makes a difference, FAITH research could be exactly what you're looking for. You will be contributing to ongoing research projects on the topic of frailty in relation to various target groups. We also provide plenty of opportunities for you to choose your graduation research within FAITH research.

### 5 objectives of FAITH research

### **Lifelong Learning**If you want to provide future-proof healthcare, you h

If you want to provide future-proof healthcare, you have to keep learning, keep challenging yourself and be open to new developments. In order to prevent frailty, early detection is required, as are preventive measures. Using training, master classes and other options to participate in learning communities, we work together on practical solutions.

### Increase our knowledge

Healthcare professionals, researchers, students and lecturers work together with clients and their relatives in learning communities, innovation labs and projects on relevant practice-based challenges. This gives us the opportunity to see each other's work.

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### Develop new (digital) applications, methods and tools together

The further development of (digital) applications, methods and tools plays a central role in FAITH research. By sharing our knowledge with other (healthcare) institutions, we can improve care together.

### Look for solutions to complex challenges

Social frailty is an important issue to us as well. Think for example of dementia, loneliness and also the vulnerability of caregivers. Together with professionals, researchers, lecturers, students and stakeholders we look for answers in special (research) projects.

### Be ready for the future

Many innovations and technologies are available to help us prepare for the future. In this process our partners in the daily practice, education and science all play crucial roles. With their support we work on the development and implementation of interventions and strategies aimed at frail people.

## **FAITH** research is the learning community that develops, connects and implements knowledge



"Joining the FAITH research community enables us to work on current problems from the professional practice in a large, multidisciplinary network. By participating in research we contribute to lifelong learning for our professionals and to (even) better care and treatment for our clients."

Hans Drenth, geriatric physiotherapist, ZuidOostZorg and professor at Hanze University of Applied Sciences Groningen

"In my position as a Geriatrician, I recommend the FAITH Frailty Summer School because it gives the participants an incredible opportunity to talk and learn about healthy aging in a multidisciplinary environment and in excellent teams. In addition, it is a common space to share with researchers from many countries and it provides opportunities to expand your professional network. The lectures and the lecturers satisfied all my expectations."

Génesis Olaya Loor, Hospital Universitario Ramón y Cajal, Madrid

### **Our partners**

Everyone is welcome to join FAITH research, from stakeholders to healthcare organisations, from companies to knowledge institutions. Together we focus on developing and disseminating knowledge concerning frail people.

### **Contact**

Do you have questions or would you like to participate? Please contact Trudy Hummel.

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